Medical Poem

Minimal change disease

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- Minimal change disease or nephrosis lipoid
  On light microscopy, of changes devoid.
- 80% of nephrotics, it does comprise
  Boys below 16 years pay the price.
- Idiopathic it is, cause unknown
  Possible mechanisms immune have been shown.
- In the net of protein loss, albumin is caught
  Label of selective proteinuria, it has got.
- No change grossly it does produce
  Shape and size, increase nor reduce.
- Changes in glomeruli and tubules are slight
  Noted this is on microscopy light.
- On EM, flat, foot processes of podocytes seen
  Labeled as the foot process disease it has been.
- Immunofluorescence - absent deposits does claim
  Hence, “nil deposit disease” is also its name.

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